



THE MESSENGER



JANUARY 2019: Issue #140

ESSEX-KENT AREA CELEBRATIONS

| | | | |
|----------------------|------------|----------|-------------------------|
| JAN 2 ND | KATJA L | 9 YEARS | FREEDOM FROM |
| JAN 2 ND | SONYA F | 4 YEARS | FREEDOM FROM |
| JAN 6 TH | STEVEN B | 4 YEARS | STAYING CLEAN |
| JAN 7 TH | KELLY Z | 4 YEARS | SPIRITUAL FOUNDATIONS |
| JAN 7 TH | ISABELLE T | 5 YEARS | SPIRITUAL FOUNDATIONS |
| JAN 7 TH | JAMES K | 17 YEARS | SPIRITUAL FOUNDATIONS |
| JAN 9 TH | MIKE P | 1 YEAR | FREEDOM FROM |
| JAN 10 TH | DAVID H | 4 YEARS | MIRACLES HAPPEN |
| JAN 14 TH | JASON C | 5 YEARS | SPIRITUAL FOUNDATIONS |
| JAN 17 TH | DEAN L | 11 YEARS | DAY BY DAY |
| JAN 20 TH | CAITLYN B | 2 YEARS | STAYING CLEAN |
| JAN 22 ND | BRIAN C | 3 YEARS | HONESTY GROUP |
| JAN 23 RD | MERV J | 1 YEAR | CLEAN & SERENE |
| JAN 26 ^T | DAVE K | 25 YEARS | KICK GROUP (LEAMINGTON) |
| JAN 31 ST | CHAD C | 2 YEARS | RAINBOW RECOVERY |
| FEB 5 TH | JB | 6 YEARS | LIVING IN THE SOLUTION |

CONGRATULATIONS EVERYONE

103 YEARS OF RECOVERY!

ONLINE TRADITIONS MEETING!

LIVE CHATS EVERY SUNDAY

STARTING AT 1PM.

LOG IN AT WWW.ESSEXKENTNA.ORG

Narcotics Anonymous Area Contact Info:

Phone Line:
1-888-811-3887

Newsletter Email:
messenger.na.windsor@gmail.com

EKASC Website:
www.essexkentna.org



WE DO RECOVER

WHAT IS OUR MESSAGE? THE MESSAGE IS THAT AN ADDICT, ANY ADDICT, CAN STOP USING DRUGS, LOSE THE DESIRE TO USE, AND FIND A NEW WAY TO LIVE.

OUR MESSAGE IS HOPE AND THE PROMISE OF FREEDOM.

-BASIC TEXT PG.68

ESSEX-KENT AREA ADMINISTRATION MEMBERS

Chairperson: Tom W
Secretary: Steven B
Treasurer: Phil E
RCM: Todd P
ACSR: Vacant

Alt. Chairperson: Vacant
Alt. Secretary: Vacant
Alt. Treasurer: James K
Alt. RCM: Vacant
Alt. ACSR: Vacant



DESIGN THE COVER OF THE MARCH MESSENGER CONTEST!

A great opportunity for NA members to showcase their talents and contribute to our newsletter.
Design ideas must be original works and may include NA/recovery-based themes depicting experience, strength, and hope.
Other ideas are paintings, cartoons, slogans, etc.
One winner will be chosen and receive a prize of a miniature JFT book and an NA key chain.

Submissions may be emailed to the Newsletter at messenger.na.windsor@gmail.com or given directly to the editor.

The deadline for submissions is Feb 14th.

We look forward to all the entries and seeing many get involved!

In loving service, chair/editor Sonya F.



PUBLIC INFORMATION

Chair: JEREMY D

1st Monday
6:00 PM

Westminster United Church
1680 Dougall Ave

ACTIVITIES

Chair: Vacant
TO BE ANNOUNCED



HOSPITALS & INSTITUTIONS

Chair: David H

2nd Monday
6:00 PM

Community Church

OUTREACH

Chair: VACANT
TO BE ANNOUNCED

NEWSLETTER

Chair: Sonya F

3rd Friday
6:30 PM
1240 PIERRE AVE.

MOCH TRAINING H&I

2nd Monday

6:00 PM

Community Church
1240 Pierre Ave.

IN FROM THE COLD

Chair: VACANT



E.K.A.S.C. Area Meeting – Last Saturday of the Month at 1240 Pierre St. 10:00 AM

The Messenger Disclaimer and Guidelines

The Messenger welcomes and encourages submissions from the fellowship. Submission topics such as: Personal views, cartoons, jokes, crosswords, poems, personal stories, announcements or anything you have found to be beneficial in your recovery. *The Messenger* follows The N.A Way magazine guidelines for editing. These can be referenced online at www.na.org/naway/submissionguides.html or a copy of the guidelines can be provided by a member of *The Messenger* Sub-committee. Anonymity of the author is respected upon request; otherwise please include your first name, last initial, and a contact number. The views expressed in *The Messenger* are those of the author, not Narcotics Anonymous as a whole.

MEETING CHANGE:

THE COME AS YOU ARE GROUP AT 10AM IS NOW SCHEDULED ON MONDAYS, WEDNESDAYS, AND FRIDAYS ONLY. PLEASE COME OUT AND SUPPORT!