

ESSEX-KENT AREA CELEBRATIONS

FEB 5 TH	JB	6 YEARS	LIVING IN THE SOLUTION
FEB 10 TH	PAT E	29 YEARS	STAYIN CLEAN
FEB 16 TH	RACHELLE	9 YEARS	TIES THAT BIND
FEB 21 ST	DEREK Y	3 YEARS	RAINBOW RECOVERY
FEB 28 TH	DONATO B	5 YEARS	MIRACLES HAPPEN
MARCH 5	RICK K	18 YEARS	HONESTY GROUP

CONGRATULTIONS EVERYONE
70 YEARS OF RECOVERY!

DESIGN THE COVER OF THE MARCH MESSENGER CONTEST!

A great opportunity for NA members to showcase their talents and contribute to our newsletter. Design ideas must be original works and may include NA/recovery-based themes depicting experience, strength, and hope. Other ideas are paintings, cartoons, slogans, etc. One winner will be chosen and receive a prize of a miniature JFT book and an NA key chain. Submissions may be emailed to the Newsletter at messenger.na.windsor@gmail.com or given directly to the editor.

The deadline for submissions is Feb 14th. We look forward to all the entries and seeing many get involved!

In loving service, chair/editor Sonya F.



Narcotics Anonymous Area Contact Info:

Phone Line:
1-888-811-3887

Newsletter Email:
messenger.na.windsor@gmail.com

EKASC Website:
www.essexkentna.org



THE MESSENGER

FEBRUARY 2019: Issue #141



ONLINE TRADITIONS MEETING!

**LIVE CHATS EVERY SUNDAY
STARTING AT 1PM.**

LOG IN AT WWW.ESSEXKENTNA.ORG

ESSEX-KENT AREA ADMINISTRATION MEMBERS

Chairperson: Steven B
Secretary: Vacant
Treasurer: James K
RCM: Todd P
ACSR: Vacant

Alt. Chairperson: Phil E
Alt. Secretary: Vacant
Alt. Treasurer:
Alt. RCM: Vacant
Alt. ACSR: Vacant



PUBLIC INFORMATION

Chair: JEREMY D
 1st Monday
 6:00 PM
 Westminster United Church
 1680 Dougall Ave

LITERATURE

Chair: Ajay S

NEWSLETTER

Chair: Sonya F
 3rd Friday
 6:30PM
 1240 PIERRE AVE.

HOSPITALS & INSTITUTIONS

Chair: David H
 2nd Monday
 6:00 pm
 1240 Pierre

ACTIVITIES

Chair: Doug C
 3rd Tuesday
 6:00pm
 1985 Rossini



MOCH TRAINING H&I

2nd Monday
 6:00 PM
 Community Church
 1240 Pierre Ave.

IN FROM THE COLD

Chair: VACANT

OUTREACH

Chair: VACANT
 TO BE ANNOUNCED

E.K.A.S.C. Area Meeting – Last Saturday of the Month at 1240 Pierre St.

The Messenger Disclaimer and Guidelines
The Messenger welcomes and encourages submissions from the fellowship. Submission topics such as: Personal views, cartoons, jokes, crosswords, poems, personal stories, announcements or anything you have found to be beneficial in your recovery. *The Messenger* follows The N.A Way magazine guidelines for editing. These can be referenced online at www.na.org/naway/submissionguides.html or a copy of the guidelines can be provided by a member of *The Messenger* Sub-committee. Anonymity of the author is respected upon request; otherwise please include your first name, last initial, and a contact number. The views expressed in *The Messenger* are those of the author, not Narcotics Anonymous as a whole.

NA Purist or NA Nazi



When I got clean on April 20, 1990, I came as a broken woman who had lost her way in life. This included my nationality. I found early on that growing up in NY where you were celebrated to moving to a city 3,000 miles away from what felt comfortable I was immediately ostracized. By that I mean I was told by a bully down the street that because I was a Jew and the Jews killed Jesus, (which I know today is not true) I was not allowed on her street. I felt shamed and less than as a 12 year old. This continued until I got clean.

One of the first meetings I attended in Narcotics Anonymous was a meeting in a coffee shop in Long Beach and one addict referred to another addict as a NA Nazi. Therein started a dialogue regarding proper identification of an addict who remains true to the NA lifestyle of continuous change and growth. When we as addicts refer to another addict as a Nazi, not only are we in violation of traditions we are violating that individuals rights to remain true to the essence of Narcotics Anonymous.

The definition of a Nazi is: one who is likened to German Nazi, a harshly domineering, dictatorial, or intolerant person. Narcotics Anonymous is far from being said definition. If you came to NA to change everything in your life than that which is unfamiliar to you will become what is solely intended to change your life. Narcotics Anonymous is about change of self, which is everything. Purist is one who desires that an item remain true to its essence and free from adulterating or diluting influences. There are lots of us who have lost relatives in concentration camps, therefore, there is not one loving and kind thing associated with the word Nazi. Remember when you refer to any addict who remains true to Narcotics Anonymous as an NA Nazi, you are diluting a message of hope.



From one Jewish addict to another addict, please realize that words can be very hateful and we know that Narcotics Anonymous is not about hate, it is about surrendering to a complete change of everything.

I am and will always be a NA purist. I for one will always stand up for Narcotics Anonymous, my Higher Power, (of my understanding) the Steps, Traditions and Concepts. If you don't stand up for something, you WILL fall for anything.

Today thru the fellowship and love of other addicts, I am proud to say I am an addict who speaks of truth, integrity and compassion for all who desire their lives to change for the better of love.

In loving service, Namaste, Marla N.



This article was originally published in the South Coast Area of Narcotics Anonymous
 January 2011.



WHEN I HAVEN'T BEEN TO A MEETING

