

DIMANCHE / SUNDAY

NOON 1 . 5HR The Nooner, Optimist Park, Picnic Shelter, 1075 Ypres Ave, Windsor, ON, **(C,D,NS,ENG)**

6 : 00 PM 1 . 5HR Phoenix Group, Salvation Army Building, 355 Church Street, Windsor, ON, N9A 7G9 **(C,D,WC,TC)**

6 : 00 PM 1 . 5HR The Phoenix Group, Windsor, ON, **(C,D,ENG,VM)**

7 : 00 PM 1 . 5HR Speakeasy, Outdoor/Tent/Masks Mandatory, 1838 Pierre Ave., Windsor, ON, **(O,D,NS,ENG)**

7 : 30 PM 1 . 5HR Staying Clean, Windsor, ON, **(C,D,ENG,VM)**

7 : 30 PM 1 . 5HR Staying Clean Group, New Song Church, 993 Drouillard Road, Windsor, ON, N8Y 2P6 **(C,D,WC,TC)**

LUNDI / MONDAY

10 : 00 AM 1 . 5HR Come As You Are Group, Westminster United Church, 1680 Dougall Avenue, Windsor, ON, N8X 1S3 **(C,D,WC,TC)**

10 : 00 AM 1 . 5HR Virtual Morning Meeting, Windsor, ON, **(D,ENG,VM)**

NOON 1 . 5HR The Nooner, Optimist Park, Picnic Shelter, Outdoor, 1075 Ypres Ave., Windsor, ON, **(C,D,NS,ENG)**

7 : 00 PM 1 . 5HR Speakeasy, Outdoor/Tent/Masks Mandatory, 1838 Pierre Ave., Windsor, ON, **(O,D,NS,ENG)**

7 : 30 PM 1 . 5HR Day by Day Group, Westminster United Church, 1680 Dougall Avenue, Windsor, ON, N8X 1S3 **(C,D,TC)**

8 : 00 PM 1 . 5HR Spiritual Foundation Group, Windsor-Essex Trans Support, 1435 Tecumseh Rd. E., Windsor, ON, N8S 1L3 **(C,O,D,WC,ENG,TC)**

MARDI / TUESDAY

10 : 00 AM 1 . 5HR Morning Virtual Meeting, Windsor, ON, **(C,D,ENG,VM)**

NOON 1 . 5HR Nooner Group, Westminster United Church, Downstairs, 1680 Dougall Avenue, Windsor, ON, N8X 1S3 **(C,B,D,JT,TC)**

NOON 1 . 5HR The Nooner, Optimist Park, Picnic Shelter, 1075 Ypres Ave, Windsor, ON, **(C,D,NS,ENG)**

1 : 00 PM 1 . 5HR Living in the Solution Group, Downtown Mission, Room 107; Side door before 1pm, Front door after 1pm, 644 Victoria Avenue, Windsor, ON, N9A 4N2 **(O,B,D,TC)**

6 : 00 PM 1 . 5HR Trust the Process Group, Community Evangelical Church, 1240 Pierre Avenue, Windsor, ON, N8X 4N9 **(C,D,TC)**

7 : 00 PM 1 . 5HR Speakeasy, Outdoor/Tent/Masks Mandatory, 1838 Pierre Ave., Windsor, ON, **(O,D,NS,ENG)**

7 : 30 PM 1 . 5HR Honesty Group, Peace Lutheran Church, at Tecumseh, 1985 Rossini Boulevard, Windsor, ON, N8W 4P6 **(C,D,TC)**

7 : 30 PM 1 . 5HR Honesty Group, Windsor, ON, **(C,D,ENG,VM)**

8 : 00 PM 1 . 5HR Kick Group, Saint John's Anglican Church, 60 Erie Street North, Leamington, ON, N8H 2Z5 **(C,D,WC,TC)**

MERCREDI / WEDNESDAY

10 : 00 AM 1 . 5HR Come As You Are Group, Westminster United Church, 1680 Dougall Avenue, Windsor, ON, N8X 1S3 **(C,D,WC,TC)**

10 : 00 AM 1 . 5HR Virtual Morning Meeting, Windsor, ON, **(D,ENG,VM)**

NOON 1 . 5HR The Nooner, Optimist Park, Picnic Shelter, 1075 Ypres Ave, Windsor, ON, **(C,D,NS,ENG)**

7 : 00 PM 1 . 5HR Freedom From Group, Westminster United Church, Downstairs, 1680 Dougall Avenue, Windsor, ON, N8X 1S3 **(C,D,JT,WC,TC)**

7 : 00 PM 1 . 5HR Speakeasy, Outdoor/Tent/Masks Mandatory, 1838 Pierre Ave., Windsor, ON, **(O,D,NS,ENG)**

7 : 00 PM 1 . 5HR Thamesville Serenity Group, Westover Treatment Centre, 2 Victoria Street South, Thamesville, ON, N0P 2K0 **(C,D,TC)**

7 : 30 PM 1 . 5HR Clean & Serene Group, Hotel Dieu Grace Healthcare, Tower Classroom in the Tayfour Building, 1453 Prince Road, Windsor, ON, N9C 3Z4 **(O,D,WC,TC)**

JEUDI / THURSDAY

10 : 00 AM 1 . 5HR Virtual Morning Meeting, Windsor, ON, **(D,ENG,VM)**

NOON 1 . 5HR Nooner Group, Westminster United Church, Downstairs, 1680 Dougall Avenue, Windsor, ON, N8X 1S3 **(C,D,JT,TC)**

NOON 1 . 5HR The Nooner, Optimist Park, Picnic Shelter, 1075 Ypres Ave, Windsor, ON, **(C,D,NS,ENG)**

7 : 00 PM 1 . 5HR Speakeasy, Outdoor/Tent/Masks Mandatory, 1838 Pierre Ave., Windsor, ON, **(O,D,NS,ENG)**

7 : 30 PM 1 . 5HR Miracles Happen, Windsor, ON, **(C,D,ENG,VM)**

7 : 30 PM 1 . 5HR Miracles Happen Group, Chateau Masson, in cafeteria, 415 Glengarry Avenue, Windsor, ON, N7L 1V8 **(C,D,WC,TC)**

7 : 30 PM 1 . 5HR Rainbow Recovery Group, Windsor-Essex Transgender Support Centre, 1435 Tecumseh Road East, Windsor, ON, N8W 1C2 **(O,D,GL,WC,TC)**

VENDREDI / FRIDAY

10 : 00 AM 1 . 5HR Come As You Are Group, Westminster United Church, 1680 Dougall Avenue, Windsor, ON, N8X 1S3 **(C,D,WC,TC)**

10 : 00 AM 1 . 5HR Virtual Morning Meeting, Windsor, ON, **(D,ENG,VM)**

NOON 1 . 5HR The Nooner, Optimist Park, Picnic Shelter, 1075 Ypres Ave, Windsor, ON, **(C,D,NS,ENG)**

1 : 00 PM 1 . 5HR Living in the Solution Group, Downtown Mission, Room 107; Side door before 1pm, Front door after 1pm, 644 Victoria Avenue, Windsor, ON, N9A 4N2 **(O,B,D,TC)**

7 : 00 PM 1 . 5HR Speakeasy, Outdoor/Tent/Masks Mandatory, 1838 Pierre Ave., Windsor, ON, **(O,D,NS,ENG)**

7 : 30 PM 1 . 5HR Bridge of Friendship, Windsor, ON, **(C,D,ENG,VM)**

7 : 30 PM 1 . 5HR Bridge of Friendship, Chateau Masson, in cafeteria, 415 Glengarry Avenue, Windsor, ON, N7L 1V8 **(C,D,WC,TC)** *ring buzzer*

7 : 30 PM 1 . 5HR East Windsor Addicts, Peace Lutheran Church, at Tecumseh, 1985 Rossini Boulevard, Windsor, ON, N8W 4P6 **(C,D,WC,TC)**

SAMEDI / SATURDAY

NOON 1 . 5HR The Nooner, Optimist Park, Picnic Shelter, 1075 Ypres Ave, Windsor, ON, **(C,D,NS,ENG)**

1 : 30 PM 1 . 5HR Journey To Recovery, Windsor, ON, **(C,D,ENG,VM)**

1 : 30 PM 1 . 5HR Journey to Recovery Group, Salvation Army Building, 355 Church Street, Windsor, ON, N9A 7G9 **(O,D,WC,TC)**

7 : 00 PM 1 . 5HR Kick Group, Saint John's Anglican Church, 60 Erie Street North, Leamington, ON, N8H 2Z5 **(O,D,WC,TC)**

7 : 00 PM 1 . 5HR New Beginnings, Chatham, ON, **(C,D,ENG,VM)**

7 : 00 PM 1 . 5HR New Beginnings, Saint Andrew's United Church, Maximum: 35 people, 85 William Street, Chatham, ON, N7M 1J6 **(C,D,ENG,TC)**

7 : 00 PM 1 . 5HR Speakeasy, Outdoor/Tent/Masks Mandatory, 1838 Pierre Ave., Windsor, ON, **(O,D,NS,ENG)**

7 : 30 PM 1 . 5HR Ties That Bind Group, 12233 Tecumseh Road East, Windsor, ON, N8N 1M3 **(O,D,TC)**

7 : 30 PM 1 . 5HR Ties That Bind Group, Windsor, ON, **(O,D,ENG,VM)**

MEETING FORMAT LEGEND

B	Beginners	C	Closed
D	Discussion	ENG	English speaking
GL	Gay/Lesbian/Transgender	JT	Just for Today
NS	No Smoking	O	Open
TC	Temporary closed	VM	Virtual Meeting
WC	Wheelchair		

HELPLINES

Area 1	Number 1
Area 2	Number 2

SERVICE MEETINGS



ESSEX-KENT Meeting List

ESSEX-KENT PHONELINE

519-566-3830

24 HOUR HELPLINE

1-888-811-3887

<https://www.essexkentna.org>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**