

## ESSEX-KENT AREA ADMINISTRATION MEMBERS

Chairperson: Steven B  
Secretary: Rob L  
Treasurer: James K  
RCM: Vacant  
ACSR: Vacant

Alt. Chairperson: Phil E  
Alt. Secretary: Vacant  
Alt. Treasurer: Leah P  
Alt. RCM: Vacant  
Alt. ACSR: Vacant



# THE MESSENGER



AUGUST 2019: Issue #147



## SUBCOMMITTEES



### PUBLIC INFORMATION

Chair: JEREMY D  
1<sup>st</sup> Monday  
6:00 PM  
Westminster United Church  
1680 Dougall Ave

### ACTIVITIES

Chair: Doug C  
2<sup>nd</sup> Tuesday  
6:00pm  
1985 Rossini

### HOSPITALS & INSTITUTIONS

Chair: David H  
2<sup>nd</sup> Monday  
6:00 pm  
1240 Pierre

### NEWSLETTER

Chair: Sonya F  
3<sup>rd</sup> Friday  
6:30PM  
1240 PIERRE AVE.

### MOCH TRAINING H&I

2<sup>nd</sup> Monday  
6:00 PM  
Community Church  
1240 Pierre Ave.

### WEB SERVANT

Wes M.

### LITERATURE

Chair: Ajay S

**SERVICE SAVES LIVES!  
JOIN A SUBCOMMITTEE, GET  
INVOLVED, AND START GIVING BACK  
WHAT WAS SO FREELY GIVEN TO  
YOU...THE GIFT OF RECOVERY!**

**E.K.A.S.C. Meeting – Last Saturday of the Month at 1240 Pierre 10am.**

**\*Workshop is held prior to at 9am.\***

### Narcotics Anonymous Area Contact Info:

Phone Line:  
1-888-811-3887  
519-566-3830

Newsletter Email:  
messenger.na.windsor@gmail.com

EKASC Website:  
www.essexkentna.org



SATURDAY, AUG. 10<sup>th</sup>  
1-4 pm

The Portuguese Club at 848 South Pacific

Inviting ALL members of the fellowship to come join us for an afternoon workshop hosted by the Hospitals & Institutions and Public Information sub-committees!

There will be 2 out of town guest speakers, experienced in running workshops at NA conventions. They will be providing information, suggestions, and new ideas on ways our area body can share the NA message so that those who are seeking help and might benefit from our program, can find us. **Our goal** is to increase awareness and credibility of the NA program, especially in light of the serious epidemic our area is currently experiencing.

There will be a complimentary light lunch and refreshments provided during the event. There is also a free raffle for prizes held at 4pm.

**The fellowshiping continues with a backyard bonfire starting at 7pm!  
That will be at 2129 Windermere rd. Hosted by PI chair Jeremy D.**



*Looking forward to seeing you all there!*

*Get involved in service, it saves lives!*



## ESSEX-KENT AREA CELEBRATIONS

AUG 10<sup>TH</sup> CHANTAL D 6 YEARS NO SCHEDULED CELEBRATION

AUG 12<sup>TH</sup> LORNE M 12 YEARS SPIRITUAL FOUNDATIONS

AUG 22<sup>ND</sup> TASHA M 2 YEARS RAINBOW RECOVERY

CONGRATULATIONS EVERYONE  
20 YEARS OF RECOVERY!

**IT WORKS IF YOU WORK IT!**

## HOT SEAT MEATING!

East Windsor Addicts has added a new feature in their meeting format!

The last Friday of every month will be a hot seat speaker meeting, where someone pulls a topic and speaks on it for 5 minutes. That person then picks the next person to pull a topic and speak.

**7:30pm 1985 Rossini Blvd**

The Messenger Disclaimer and Guidelines

*The Messenger* welcomes and encourages submissions from the fellowship. Submission topics such as: Personal views, cartoons, jokes, crosswords, poems, personal stories, announcements or anything you have found to be beneficial in your recovery. *The Messenger* follows The N.A Way magazine guidelines for editing. These can be referenced online at [www.na.org/naway/submissionguides.html](http://www.na.org/naway/submissionguides.html) or a copy of the guidelines can be provided by a member of *The Messenger* Sub-committee. Anonymity of the author is respected upon request; otherwise please include your first name, last initial, and a contact number. The views expressed in *The Messenger* are those of the author, not Narcotics Anonymous as a whole.

## FELLOWSHIP FORUM!

I have come here in search of myself, confused and afraid. I have led my life in the shadows of drugs. I had become a stranger to my family. Guilt, lies, and hurt became my most intimate companions, drugs my most cherished friend. I belonged nowhere and to no one. I had felt desperately alone. Here at last I have found true friends. I no longer need to be the giant of my dreams or the dwarf of my fears. I am allowed to be genuine and to express my emotions.

My friends act as a mirror for me, our common quest heals me. The strength, love, and hope that live within me now become a beacon for my life.

From here I will go forth, whole once more, confident and aware never to live in the shadows

again.

LEO C

The Messenger is looking for submissions from NA members to include in our new section, Fellowship Forum. It's a section where members can express their thoughts, views, and ideas on recovery and NA. A place to share experiences, strength, and hope with others. We also welcome drawings, cartoons, puzzles, etc. So, if you'd like to see your work published don't delay, submit today!