

ESSEX-KENT AREA ADMINISTRATION MEMBERS

Chairperson: Steven B

Secretary: Rob L

Treasurer: James K

RCM: Vacant

ACSR: Vacant

Alt. Chairperson: Phil E

Alt. Secretary: Sonya F

Alt. Treasurer: Leah P

Alt. RCM: Vacant

Alt. ACSR: Vacant



All above area
administration positions
are all up for nomination
this month.



SUBCOMMITTEES

PUBLIC INFORMATION

Chair: Vacant

1st Monday

6:00 PM

Westminster United Church
1680 Dougall Ave

ACTIVITIES

Chair: Doug C

2nd Tuesday

6:00pm

1985 Rossini

HOSPITALS & INSTITUTIONS

Chair: David H

2ND Monday

6:00 pm

1240 Pierre

NEWSLETTER

Chair: Tom W

3RD Friday

6:30PM

1240 PIERRE AVE.

MOCH TRAINING H&I

2ND Monday

6:00 PM

Community Church
1240 Pierre Ave.

WEB SERVANT

Wes M.

LITERATURE

Chair: Nathan T

E.K.A.S.C. Meeting – Last Saturday of the Month at 1240 Pierre 10am.

Workshop is held prior to at 9am.

Narcotics Anonymous Area Contact Info:

Phone Line:

1-888-811-3887

519-566-3830

Newsletter Email:

messenger.na.windsor@gmail.com

EKASC Website:

www.essexkentna.org



THE MESSENGER



November 2019: Issue #150

November's Activity Event



Chili Cook Off & Euchre Tournament

Where: At 848 South Pacific

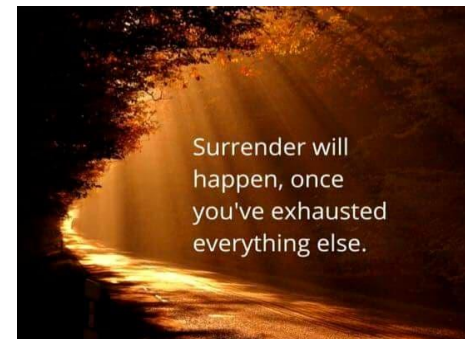
When: Saturday November 23, 2019 4:00 PM

What: Bring your best Chili and your appetite!

Prizes for the Best Chili

Fellowship – Food – Fun – Prizes

Fundraiser Event for ORCNA 2020



Surrender will
happen, once
you've exhausted
everything else.



Just for Today: I will let go and let me higher power guide
my life – JFT Page 333

ESSEX-KENT AREA CELEBRATIONS

NAME	DATE	# OF YEARS	NAME OF THE HOME GROUP
Niko N	November 1, 2019	4	East Windsor Addicts
Lyndsey B	November 7, 2019	2	Miracles Happen
Allan M	November 8, 2019	2	Bridge of Friendship
Larry G	November 10, 2019	18	Phoenix Group
Ajay S	November 16, 2019	6	Ties that Bind
Rick H	November 20, 2019	17	Clean and Serene Group
Randy D	November 23, 2019	1	Ties that Bind
Jake L	November 27, 2019	1	Freedom From

**CONGRATULATIONS EVERYONE
51 YEARS OF RECOVERY!
IT WORKS IF YOU WORK IT!**

Visit the Essex Kent Area Service Committee Website!

www.essexkentna.org

Here you can find information on upcoming events, current and past newsletters, up to date meeting locations, information from our area service committees a new link to the daily JFT readings and much more.

Groups that are reaching out for attendance support and looking for new homegroup members!

Journey to Recovery - 1:30 pm Sat. Salvation Army 355 Church St.

Miracles Happen - 7:30pm Thurs. 415 University St.

Rainbow Recovery - 7:30pm Thurs. Moved to 1435 Tecumseh Rd East

Freedom From - 7:00 PM Wed. 1680 Dougal Ave.

The Messenger Disclaimer and Guidelines

The Messenger welcomes and encourages submissions from the fellowship. Submission topics such as: Personal views, cartoons, jokes, crosswords, poems, personal stories, announcements or anything you have found to be beneficial in your recovery. *The Messenger* follows The N.A Way magazine guidelines for editing. These can be referenced online at www.na.org/naway/submissionguides.html or a copy of the guidelines can be provided by a member of *The Messenger* Subcommittee. Anonymity of the author is respected upon request; otherwise please include your first name, last initial, and a contact number. The views expressed in *The Messenger* are those of the author, not Narcotics Anonymous as a whole.

FELLOWSHIP FORUM!

NATURE OF RECOVERY

NATURE OF RECOVERY THE GARDEN OF OUR LIFE
WHERE WE WEED & FERTILIZE TO RID OURSELVES OF STRIFE
LIKE THE ROSE THAT BLOOMS IN FALL I CANNOT WAIT TO SHOW
WHAT IT HAS IN STORE FOR ME & HOW FAR I CAN GROW

IN A WORLD OF CHANGING TRENDS & HARSH REALITY
THERE'S A PLACE TO GO MY FRIENDS WHERE YOU & I ARE FREE
NA IS THE PLACE I'VE FOUND WHERE PEOPLE COME & SHARE
STRANGERS HUG & COMFORT ME TO SHOW ME THAT THEY CARE

IN THIS LIFE I REALIZE I'VE SOMETHING GOOD TO GIVE
NO MORE THOUGHTS OF SUICIDE I'VE GOT A CHANCE TO LIVE
ONCE I'M HERE THE WORK BEGINS A SPONSOR I MUST CHOOSE
MY EVERY EFFORT I PUT FORTH I'VE NOTHING LEFT TO LOSE

JUST FOR TODAY I'LL TRY & CHANGE MY USING ATTITUDE
THEN SOME SERVICE I APPLY TO SHOW MY GRATITUDE
IT'S NOT A PERFECT WEB I WEAVE NOR IS OUR WORK ALL DONE
NATURE OF RECOVERY HAS REALLY JUST BEGUN

THANX 4 MY CLEAN TIME ROB L

Service Saves Lives!

All our subcommittees can use members to help out!
Here are all the committees and what they do!

Activities – Puts on monthly events to bring the fellowship together and show the newcomer we can have fun in recovery.

Hospitals and Institutions (H&I) – brings meetings to different local institution for addicts that can not get to regular meetings

Public information (PI) – Presents NA at public events to bring awareness of our fellowship to the general public

Newsletter – Publishes this monthly publication to share personal stories, events and upcoming celebrations in our area.

Please see the back page for meeting times and locations of all of the monthly meetings.

All are welcome to any subcommittee meeting and there is no clean time requirements to join any subcommittee. It's a great way to get to know each other!