

ESSEX-KENT AREA ADMINISTRATION MEMBERS

Chairperson: Steven B

Secretary: Rob L

Treasurer: James K

RCM: Vacant

ACSR: Vacant

Alt. Chairperson: Phil E

Alt. Secretary: Sonya F

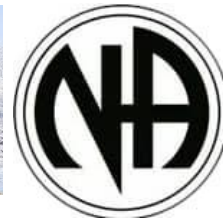
Alt. Treasurer: Leah P

Alt. RCM: Vacant

Alt. ACSR: Vacant



Voting on all above area
administration positions
this month.



SUBCOMMITTEES

PUBLIC INFORMATION

Chair: Vacant

1st Monday

6:00 PM

Westminster United Church
1680 Dougall Ave

ACTIVITIES

Chair: Doug C

2nd Tuesday

6:00pm

1985 Rossini

HOSPITALS & INSTITUTIONS

Chair: David H

2ND Monday

6:00 pm

1240 Pierre

NEWSLETTER

Chair: Tom W

3RD Friday

6:30PM

1240 PIERRE AVE.

MOCH TRAINING H&I

2ND Monday

6:00 PM

Community Church
1240 Pierre Ave.

WEB SERVANT

Wes M.

LITERATURE

Chair: Nathan T

E.K.A.S.C. Meeting – Last Saturday of the Month at 1240 Pierre 10am.

Workshop is held prior to at 9am.

Narcotics Anonymous Area Contact Info:

Phone Line:

1-888-811-3887

519-566-3830

Newsletter Email:

messenger.na.windsor@gmail.com

EKASC Website:

www.essexkentna.org



THE MESSENGER

December 2019: Issue #151

FELLOWSHIP FORUM!

More Than A Failure

I remember growing up, I never wanted to be thought of as a failure. I said to myself: "I won't be a failure". The ones who loved me, the ones I could not love, saw me destroying my life and they tried to warn me. Looking back, no amount of love could have stopped me. The more someone loved me, the more I used their love against them, and hurt them.

Now, I am clean for several years. I'm certainly not a failure. Does that make me a success? Am I a survivor of the disease of addiction, or am I something more? I get this sensation, this feeling that the great barriers in my life will one day fall because I am relentless. I am a great juggernaut with one key flaw: I cannot use drugs successfully and live.

Is that the only flaw? Am I more than a failure? It's likely I am, that much I can say. Does that make me a success, a "successful person", in this society transfixed by ambition? What does the Basic Text tell me? That I will become a productive member of society. That phrase certainly came true for me. Painfully, yet beautifully.

Am I alone in all this? Some say NA stands for "Never Alone". My fellow members are only a call away. So many of them are like me, lost in the search for happiness and meaning. Building businesses, raising families, working overtime, attending classes, and going to meetings. The list of responsibilities keeps growing! One thing is certain, Just For Today, drugs fail to offer me anything useful. They won't help. They don't work as I imagined. They won't transform me into anything worthwhile. Only NA and total abstinence can do that. That much I know.

- Anonymous.

I've opened the wound that allows my colors to fester

Their stain discolors me

An undone noose awakes the stars in my veins

as change pulls my bones through the ocean

A rose from dust and I am recovered.

- Anonymous

Just for Today: I have been given much in my recovery, and I am deeply grateful for it. I will take joy in being able to share it with others as freely as it was shared with me. – JFT Page 365

ESSEX-KENT AREA CELEBRATIONS

NAME	DATE	# OF YEARS	NAME OF THE HOME GROUP
Ray D	December 9, 2019	1	Spiritual Foundations
Brian G	December 13, 2019	3	Bridge of Friendship
Sonya F	December 29, 2019	5	Staying Clean
James K	December 30, 2019	18	Spiritual Foundations
David H	January 4, 2020	5	Journey to Recovery
Katja L	January 8, 2020	10	Freedom From

CONGRATULATIONS EVERYONE
42 YEARS OF RECOVERY!
IT WORKS IF YOU WORK IT!

Service Saves Lives!

All our subcommittees can use members to help out!
 Here are all the committees and what they do!

Activities – Puts on monthly events to bring the fellowship together and show the newcomer we can have fun in recovery.

Hospitals and Institutions (H&I) – brings meetings to different local institution for addicts that can not get to regular meetings

Public information (PI) – Presents NA at public events to bring awareness of our fellowship to the general public

Newsletter – Publishes this monthly publication to share personal stories, events and upcoming celebrations in our area.

Please see the back page for meeting times and locations of all of the monthly meetings.

All are welcome to any subcommittee meeting **and there are no clean time requirements to join any subcommittee.** It's a great way to get to know each other!

Visit the Essex Kent Area Service Committee Website!

www.essexkentna.org

Here you can find information on upcoming events, current and past newsletters, up to date meeting locations, information from our area service committees a new link to the daily JFT readings and much more.

The Messenger Disclaimer and Guidelines

The Messenger welcomes and encourages submissions from the fellowship. Submission topics such as: Personal views, cartoons, jokes, crosswords, poems, personal stories, announcements or anything you have found to be beneficial in your recovery. *The Messenger* follows The N.A Way magazine guidelines for editing. These can be referenced online at www.na.org/naway/submissionguides.html or a copy of the guidelines can be provided by a member of *The Messenger* Sub-committee. Anonymity of the author is respected upon request; otherwise please include your first name, last initial, and a contact number. The views expressed in *The Messenger* are those of the author, not Narcotics Anonymous as a whole.

Groups that are reaching out for attendance support and looking for new homegroup members!

Journey to Recovery - 1:30 pm Sat. Salvation Army 355 Church St.

Miracles Happen - 7:30pm Thurs. 415 University St.

Rainbow Recovery - 7:30pm Thurs. Moved to 1435 Tecumseh Rd East

Freedom From - 7:00 PM Wed. 1680 Dougal Ave.

East Windsor Addicts - 7:30 PM Fri. 1985 Rossini Blvd.

NEW MEETING

The Nooner – 12:00 PM Noon – Tues. & Thur. 1680 Dougal Ave.

What is a Homegroup?

A Narcotics Anonymous group is any meeting of two or more recovering addicts who meet regularly at a specific time and place for the purpose of recovery from the disease of addiction. All Narcotics Anonymous groups are bound by the principles of the Twelve Steps and Twelve Traditions of NA. Each group has but one primary purpose—to carry the message of recovery to the addict who still suffers.

Choosing and supporting a home group is an important part of recovery. A home group is a meeting where you are comfortable and one you will attend regularly. We call this our home group because it suggests a place where we fit in and belong. Having a home group allows us to have an anchor each week where we can get to know the people and they can really get to know us. We develop a bond with each other as we grow together.

IP #2 – The Group

December Bowling Event

Listen for announcements or ask an Activities Member for Details