

## ESSEX-KENT AREA ADMINISTRATION MEMBERS

Chairperson: Phil E  
Secretary: Vacant  
Treasurer: James K  
RCM: Todd P  
ACSR: Vacant

Alt. Chairperson: Vacant  
Alt. Secretary: Sonya F  
Alt. Treasurer: Leah P  
Alt. RCM: Vacant  
Alt. ACSR: Vacant



All are welcome to attend  
our EKASC area meeting  
on the last Saturday of  
every month.



## SUBCOMMITTEES

### PUBLIC INFORMATION

Chair: Kim M  
1<sup>st</sup> Monday  
6:00 PM  
Westminster United Church  
1680 Dougall Ave

### ACTIVITIES

Chair: Doug C  
2<sup>nd</sup> Tuesday  
6:00pm  
1985 Rossini

### HOSPITALS & INSTITUTIONS

Chair: David H  
2<sup>ND</sup> Monday  
6:00 pm  
1240 Pierre

### NEWSLETTER

Chair: Tom W  
Email:  
messenger.na.windsor@gmail.com

### MOCH TRAINING H&I

2<sup>ND</sup> Monday  
6:00 PM  
Community Church  
1240 Pierre Ave.

### WEB SERVANT

Wes M.

### LITERATURE

Chair: Nathan T

E.K.A.S.C. Meeting – Last Saturday of the Month at 1240 Pierre 10am.

### Narcotics Anonymous Area Contact Info:

Phone Line:  
1-888-811-3887  
519-566-3830

Newsletter Email:  
messenger.na.windsor@gmail.com

EKASC Website:  
www.essexkentna.org



# THE MESSENGER



February 2020: Issue #153

## SERVICE SAVES LIVES!

JOIN ONE OF OUR MANY SUBCOMMITTEES.

They all need support -

1 day clean time requirement to be a part of.

### Activities –

2<sup>nd</sup> Tuesday of every month at 6PM

1985 Rossini Blvd, Windsor, ON

### Public Information –

1<sup>st</sup> Monday of every month at 6PM

1680 Dougall Ave, Windsor, ON

### Hospitals & Institutions –

2<sup>nd</sup> Monday of every month at 6PM

1240 Pierre Ave, Windsor, ON

### Newsletter –

No current meeting but contact the chair at

[messenger.na.windsor@gmail.com](mailto:messenger.na.windsor@gmail.com) to get involved.

### Web servant and Literature committees –

Come to our EKASC monthly meeting to get involved

**Just for Today:** There is always more to learn and someone to learn from in my recovery. Today, I will be open to new ideas and willing to try them out. As long as I am, I know that anything is possible. – JFT Page 61

## ESSEX-KENT AREA CELEBRATIONS

NAME	DATE	# OF YEARS	NAME OF THE HOME GROUP
Dean L	February 3	12	Day by Day
Jenn M	February 8	2	Ties that Bind
Rachelle L	February 15	10	Ties that Bind
Donato B	February 25	6	Miracles Happen
Rick K	March 3	19	Honesty Group

**CONGRATULATIONS EVERYONE**  
**49 YEARS OF RECOVERY!**  
**IT WORKS IF YOU WORK IT!**

**Meeting updates and groups in need of support!**

### GROUPS NEEDING SUPPORT

**Journey to Recovery** - 1:30 pm Sat. Salvation Army 355 Church St.

**Miracles Happen** - 7:30pm Thurs. 415 University St.

**Rainbow Recovery** - 7:30pm Thurs. 1435 Tecumseh Rd East

**Freedom From** - 7:00 PM Wed. 1680 Dougall Ave.

**East Windsor Addicts** - 7:30 PM Fri. 1985 Rossini Blvd.

### NEW MEETING LOCATION AND TIME

**Spiritual Foundations** - 7:30 PM Mon. 1435 Tecumseh Road East

### NEW MEETING

**The Nooner** - 12:00 PM Noon - Tues. & Thur. 1680 Dougal Ave.

Visit the Essex Kent Area Service Committee Website!

[www.essexkentna.org](http://www.essexkentna.org)

Here you can find information on upcoming events, current and past newsletters, up to date meeting locations, information from our area service committees a new link to the daily JFT readings and much more.

The Messenger Disclaimer and Guidelines

*The Messenger* welcomes and encourages submissions from the fellowship. Submission topics such as: Personal views, cartoons, jokes, crosswords, poems, personal stories, announcements or anything you have found to be beneficial in your recovery. *The Messenger* follows The N.A Way magazine guidelines for editing. These can be referenced online at [www.na.org/naway/submissionguides.html](http://www.na.org/naway/submissionguides.html) or a copy of the guidelines can be provided by a member of *The Messenger* Sub-committee. Anonymity of the author is respected upon request; otherwise please include your first name, last initial, and a contact number. The views expressed in *The Messenger* are those of the author, not Narcotics Anonymous as a whole.

## FELLOWSHIP FORUM!

### We Do Recover

I gave up once and cold ice offered me warmth.

I gave up once and I lived in the clouds.

I gave up once and felt the fire in my veins.

I gave up once and the shadows became my friend.

I gave up once and embraced the darkness.

I gave up again and turned my back on love.

I gave up one more time and faced the sun.

I fought back and I embraced love.

I fought back and held a flame to the dark.

When the flame went out, I returned with a torch.

I fought back and walked out of the shadows.

I fought back and felt the fire in my heart.

I fought back and the sky became clear.

I fight still and the sun is my shield.

- Chris S