



THE MESSENGER

Online Edition



July 2020: Issue #158

Fellowship Forum!

Thanks God

My name is Akbar and I am an addict.

During 26 years of using drugs, I found that nothing is better than living clean.

When I was in the peak of my illness, I was thinking that I am the most happiness guy in the world.

I thought those who don't use drugs are foolish!!

I supposed a man must enjoy from life and the bast fun is using drugs and drinking alcohol.

But after quitting that manners I saw how beautiful is the world.

How beautiful is to be kindness with your family.

How beautiful is to be a friend for your children.

Now I have about 9 years clean, I have a lovely time with my family and friends.

I have a good job, I like the world.

I love the whole people in the world, and I love my recovery friends.

My gratitude speaks because my life has changed.

I pray for the NA fellowship, those who helped me to be alive and have a pretty life.

Thanks a lot for your existance.

Akbar from Iran. Shiraz

ESSEX-KENT AREA CLEAN DATES

Name	Date	Years	Home Group
Wes M	July 1	27	Freedom From
George H	July 4	1	Come as You Are
Steve K	July 10	1	Staying Clean
Tom W	July 17	8	Bridge of Friendship
Sheri W	July 17	6	Ties that Bind
Gary P	July 21	14	Staying Clean
Jen S	July 21	2	Honesty Group
Tina D	July 24	11	Bridge of Friendship
Bri R	July 27	5	Staying Clean
Deanna Z	July 28	10	Honesty Group
Terry W	August 2	18 Mos	Miracles Happen

CONGRATULATIONS EVERYONE

86.5 YEARS OF RECOVERY!

IT WORKS IF YOU WORK IT!

CHECK OUT OUR LOCAL ONLINE MEETINGS!!

Considering the current situation and until further notice, all our EKASC in person meetings, activities, subcommittee meetings, and any other events that would require our fellowship to meet face to face, have been cancelled. Please refer to our EKASC website at <https://essexkentna.org/online-meetings/> for further information and online meeting dates and times.

For NA World Service information, please follow this link:

https://www.na.org/admin/include/spaw2/uploads/pdf/Coronavirus_web_message_12Mar.pdf

MEETINGS EVERYDAY, ALMOST ANYTIME, AROUND THE WORLD!!

https://na.org/?ID=virtual_meetings and <https://virtual-na.org/>

MORE NARCOTICS ANONYMOUS RESOURCES

Free online literature - <https://na.org/?ID=ips-eng-index>

Newsletter Editor Report

This month, we had a submission from Iran for our fellowship forum and one submission from our local area. I would be nice to have more content for the messenger and look forward to your submissions for the August edition. Here are some ideas...

How has NA changed your life? What does step 1 (or any other step) mean to you? What is a sponsor to you or a homegroup? What is your experience with making amends, recognizing a defect, or carrying the message to a newcomer?

Please email to messenger.na.windsor@gmail.com for review and submission. Please remember that any submissions should focus on the nature of recovery, not the nature of our addiction.

In Loving Service, Tom W

The Messenger Disclaimer and Guidelines

The Messenger welcomes and encourages recovery related submissions from the fellowship. Submission topics such as: Personal views, cartoons, jokes, crosswords, poems, personal stories, announcements or anything you have found to be beneficial in your recovery. **The Messenger** follows The N.A Way magazine guidelines for editing. These can be referenced online at www.na.org/naway/submissionguides.html or a copy of the guidelines can be provided by a member of **The Messenger** Sub-committee. Anonymity of the author is respected upon request; otherwise please include your first name, last initial, and a contact number. The views expressed in **The Messenger** are those of the author, not Narcotics Anonymous as a whole.