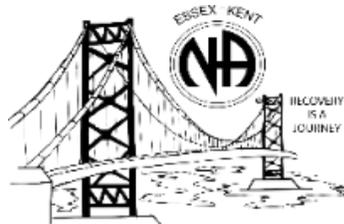




THE MESSENGER Online Edition



August 2020: Issue #159

Fellowship Forum!

It's a beautiful morning, but I'm mourning,
 Your touch, your feel, even your snoring,
 Sit and wonder how it came to be,
 Our life used to be so much more free,
 I try so hard but keep relapsing,
 Feel like my world just keeps collapsing,
 I need you back in my life,
 Your online double just isn't right,
 It worked for a bit, but the feeling has past,
 I wished that this covid would never last,
 I need to see you in person every day,
 When I don't, I feel some kinda way,
 You are the reason that I am still breathing
 You brought me my friends and you bring me my feelings,
 I love you so much, you are my NA Meetings.
 Keep Coming Back
 Mike C

ESSEX-KENT AREA CLEAN DATES

NAME	DATE	# OF YEARS	NAME OF THE HOME GROUP
Chantal D	August 10	7	Staying Clean
Lorne M	August 12	13	Spiritual Foundations
Lindsay P	August 18	18	New Beginnings
Kate R	August 28	2	Staying Clean

CONGRATULATIONS EVERYONE
40 YEARS OF RECOVERY!
IT WORKS IF YOU WORK IT!

CHECK OUT OUR LOCAL ONLINE MEETINGS!!

Please refer to our EKASC website at <https://essexkentna.org/online-meetings/> for further information and online meeting dates and times.

For NA World Service information, please follow this link:

https://www.na.org/admin/include/spaw2/uploads/pdf/Coronavirus_web_message_12Mar.pdf

MEETINGS EVERYDAY, ALMOST ANYTIME, AROUND THE WORLD!!

https://na.org/?ID=virtual_meetings and <https://virtual-na.org/>

MORE NARCOTICS ANONYMOUS RESOURCES

Free online literature - <https://na.org/?ID=ips-eng-index>

Newsletter Editor Report

Hello everyone,

Please feel free to submit any recovery related poems or writing, drawings, or artwork for our monthly newsletter. We would be happy to review and submit.

How has NA changed your life? What does step 1 (or any other step) mean to you? What is a sponsor to you or a homegroup? What is your experience with making amends, recognizing a defect, or carrying the message to a newcomer?

Please email to messenger.na.windsor@gmail.com for review and submission. Please remember that any submissions should focus on the nature of recovery, not the nature of our addiction.

In Loving Service, Tom W

The Messenger Disclaimer and Guidelines

The Messenger welcomes and encourages recovery related submissions from the fellowship. Submission topics such as: Personal views, cartoons, jokes, crosswords, poems, personal stories, announcements or anything you have found to be beneficial in your recovery. *The Messenger* follows The N.A Way magazine guidelines for editing. These can be referenced online at www.na.org/naway/submissionguides.html or a copy of the guidelines can be provided by a member of *The Messenger* Sub-committee. Anonymity of the author is respected upon request; otherwise please include your first name, last initial, and a contact number. The views expressed in *The Messenger* are those of the author, not Narcotics Anonymous as a whole.