



THE MESSENGER

Online Edition



September 2020: Issue #160

NEW MEETING LOCATIONS

The Nooner – Optimist Park 1075 Ypres Ave, Monday thru Friday at 12 Noon
Honesty Group - Optimist Park 1075 Ypres Ave, Tuesdays at 7 PM
Honesty Group is also hosting Zoom Meeting at 7:30 – See Website for Link
Speakeasy Meeting – 1838 Pierre Ave. Every day at 7 PM
Circle of Power – 1838 Pierre Ave. Every day at 10 AM
New Beginnings – Kingston Park in Chatham Saturday night 7pm

Fellowship Forum?

Sometimes I sit here and want to get high,
 Then I reach out because I'm no longer that guy,
 I know now all that I have to do,
 Is pick up that phone and call one or two,
 Don't act like a hero, just swallow your pride ,
 If you do this your disease will subside,
 If you just listen to what others have to say,
 The thoughts of using will soon go away,
 This is your chance , don't throw it away,
 You might not live to see another day.

Mike C

ESSEX-KENT AREA CLEAN DATES

| NAME | DATE | # OF YEARS | NAME OF THE HOME GROUP |
|------------|--------------|------------|------------------------|
| Emily G. | September 1 | 2 | New Beginnings |
| John G | September 1 | 4 | Speakeasy |
| Jay P | September 5 | 1 | Journey to Recovery |
| Todd P | September 12 | 13 | Journey to Recovery |
| Chris S | September 15 | 1 | Speakeasy |
| Vannessa G | September 20 | 1 | Staying Clean |
| Kim M | October 1 | 3 | Miracles Happen |

CONGRATULATIONS EVERYONE

25 YEARS OF RECOVERY!

IT WORKS IF YOU WORK IT!

CHECK OUT OUR LOCAL ONLINE MEETINGS!!

Please refer to our EKASC website at <https://essexkentna.org/online-meetings/> for further information and online meeting dates and times.

For NA World Service information, please follow this link:

https://www.na.org/admin/include/spaw2/uploads/pdf/Coronavirus_web_message_12Mar.pdf

MEETINGS EVERYDAY, ALMOST ANYTIME, AROUND THE WORLD!!

https://na.org/?ID=virtual_meetings and <https://virtual-na.org/>

MORE NARCOTICS ANONYMOUS RESOURCES

Free online literature - <https://na.org/?ID=ips-eng-index>

Newsletter Editor Report

Hello everyone,

October or November will be my last month chairing the Newsletter – I will be happy to train anyone interested and elected as the newsletter chair. I have enjoyed the last year and a half serving the fellowship in this capacity. Please announce this at your homegroups.

Please email submissions and celebrations to messenger.na.windsor@gmail.com for review. Please remember that any submissions should focus on the nature of recovery, not the nature of our addiction. If they are not submitted to the email, there is a chance the celebration will not make it to the messenger.

In Loving Service, Tom W

The Messenger Disclaimer and Guidelines

The Messenger welcomes and encourages recovery related submissions from the fellowship. Submission topics such as: Personal views, cartoons, jokes, crosswords, poems, personal stories, announcements or anything you have found to be beneficial in your recovery. **The Messenger** follows The N.A Way magazine guidelines for editing. These can be referenced online at www.na.org/naway/submissionguides.html or a copy of the guidelines can be provided by a member of **The Messenger** Sub-committee. Anonymity of the author is respected upon request; otherwise please include your first name, last initial, and a contact number. The views expressed in **The Messenger** are those of the author, not Narcotics Anonymous as a whole.