

ESSEX-KENT AREA ADMINISTRATION MEMBERS

Chairperson: Rob L
Secretary: Sonya W
Treasurer: Tom W
RCM: Vacant
ACSR: Vacant

Alt. Chairperson: Vacant
Alt. Secretary: Phil E
Alt. Treasurer: Vacant
Alt. RCM: Vacant
Alt. ACSR: Vacant



July 2022: Issue #168



**Come to the Area meeting
if you are interested in any
of the open positions!**



SUBCOMMITTEES

PUBLIC INFORMATION

Chair: Vacant
1st Monday
6:00 PM
Westminster United Church
1680 Dougall Ave

HOSPITALS & INSTITUTIONS

Chair: Vacant
2nd Monday
6:00 pm
1240 Pierre

MOCH TRAINING H&I

2nd Monday
6:00 PM
Community Church
1240 Pierre Ave.

ACTIVITIES

Chair: Doug C
2nd Tuesday
6:00pm
1985 Rossini

NEWSLETTER

Chair: Nam K
Email:
messenger.na.windsor@gmail.com

WEB SERVANT

Chris S

LITERATURE

Chair: Nathan T

E.K.A.S.C. Meeting – Last Saturday of the Month at 1985 Rossini 10am.

Narcotics Anonymous Area Contact Info:

Phone Line:
1-888-811-3887
519-566-3830

Newsletter Email:
messenger.na.windsor@gmail.com

EKASC Website:
www.essexkentna.org



Just for Today: I will be vigilant, doing everything I can to guard my recovery – JFT Page 1

ESSEX-KENT AREA Celebration

CONGRATULATIONS EVERYONE! 68 YEARS OF RECOVERY!

Name	Date	Years	Home Group
Panfilo M	July 1	1	Bridge of Friendship
Kirk	July 7	3	Miracles Happen
Brittney H	July 8	2	Bridge of Friendship
Ashley K	July 19	1	Honesty Group
Tom W	July 19	10	Honesty Group
Tina D	July 22	13	Courage to change
Wes M	July 23	29	New Beginnings
Andrew	July 24	1	Staying Clean
Bri R	July 28	8	Miracles Happen

CHECK OUT OUR LOCAL ONLINE MEETINGS!!

Considering the current situation and until further notice, all our EKASC in person meetings, activities, subcommittee meetings, and any other events that would require our fellowship to meet face to face, have been cancelled. Please refer to our EKASC website at <https://essexkentna.org/online-meetings/> for further information and online meeting dates and times.

For NA World Service information, please follow this link:

https://www.na.org/admin/include/spaw2/uploads/pdf/Coronavirus_web_message_12Mar.pdf

MEETINGS EVERYDAY, ALMOST ANYTIME, AROUND THE

Visit the Essex Kent Area Service Committee Website!

www.essexkentna.org

Here you can find information on upcoming events, current and past newsletters, up to date meeting locations, information from our area service committees a new link to the daily JFT readings and much more.

The Messenger Disclaimer and Guidelines

The Messenger welcomes and encourages submissions from the fellowship. Submission topics such as: Personal views, cartoons, jokes, crosswords, poems, personal stories, announcements or anything you have found to be beneficial in your recovery. *The Messenger* follows The N.A Way magazine guidelines for editing. These can be referenced online at www.na.org/naway/submissionguides.html or a copy of the guidelines can be provided by a member of *The Messenger* Sub-committee. Anonymity of the author is respected upon request; otherwise please include your first name, last initial, and a contact number. The views expressed in *The Messenger* are those of the author, not Narcotics Anonymous as a whole.

Recovery in Movies

Campout in July!

The activities committee is hosting a campout from July 29th – Aug 1st

It will be at Leamington Kiwanis Campground

No addict will be turned away



Thanks God

My name is Akbar and I am an addict.

During 26 years of using drugs, I found that nothing is better than living clean.
When I was in the peak of my illness, I was thinking that I am the most happiness guy in the world.

I thought those who don't use drugs are foolish!!
I supposed a man must enjoy from life and the bast fun is using drugs and drinking alcohol.
But after quitting that manners I saw how beautiful is the world.

How beautiful is to be kindness with your family.
How beautiful is to be a friend for your children.
Now I have about 9 years clean, I have a lovely time with my family and friends.

I have a good job, I like the world.
I love the whole people in the world, and I love my recovery friends.

My gratitude speaks because my life has changed.
I pray for the NA fellowship, those who helped me to be alive and have a pretty life.

Thanks a lot for your existence.

Akbar from Iran. Shiraz